Graduate Journal of Interdisciplinary Research, Reports & Reviews
(Grad.J.InteR^3)
ark:/85846/JPR3.2024AR.02030142
https://doi.org/10.5281/zenodo.

ISSN(E): 2584-2919
Vol.02, No.03 (2024)
pp.142-149

Sustainable Composite Materials: A Review of Waste Reduction Strategies In Manufacturing

Satya Ranjan Patnaik

Dept. of Mechanical Engineering, ABIT, Cuttack, Odisha Pincode: 753014, India
ORCID:https://orcid.org/0009-0006-8498-8758
Email: satyaranjan.patnaik@gmail.com (corresponding author)

(Received:8-01-2025; Accepted: 04-02-2025; Published Online:21-02-2025)

ABSTRACT:
Background: The manufacturing industry is poised for a transformative shift towards sustainability, driven by the pressing need to mitigate environmental impacts and reduce waste generated from traditional composite materials. This comprehensive review paper provides a pivotal roadmap for achieving this goal, presenting a systematic literature review of sustainable composite materials and waste reduction strategies.
Purpose: Evaluating the effectiveness of various strategies, the paper highlights significant benefits, including reduced waste, improved resource efficiency, and minimized environmental footprint.
Methods: The analysis encompasses key sustainable materials, including biodegradable and recyclable options, as well as effective waste reduction tactics such as design for recyclability, material selection, and end-of-life management. The effective applications of sustainable composite materials across various industries demonstrate their viability and potential for widespread adoption.
Results: Despite the fact limitations and challenges are also discussed, the findings offer invaluable insights for manufacturers, policymakers, and researchers seeking to pioneer sustainable manufacturing practices.
Conclusions: The paper identifies future research directions, including the development of novel sustainable materials, optimization of production processes, and implementation of circular economy principles, ultimately paving the way for a more environmentally conscious and responsible manufacturing sector. This research serves as a critical stepping stone towards a waste-minimized, sustainable future for the manufacturing industry.

Keywords: Sustainable composite materials, Additive Manufacturing, EoL, RTM, Waste reduction strategy, Cost savings

1. Introduction

The manufacturing industry is a significant contributor to global economic growth, but it also poses substantial environmental challenges. One of the most pressing issues is the generation of waste from traditional composite materials used in various manufacturing processes. Composite materials, which combine two or more materials to achieve enhanced properties, have become increasingly popular due to their lightweight, high-strength, and corrosion-resistant characteristics [1, 2]. Yet, their production, use, and disposal have severe environmental implications, including resource depletion, energy consumption, and waste generation. The growing concern about climate change, resource scarcity, and waste management has led to a paradigm shift towards sustainable manufacturing practices. Sustainable composite materials have emerged as a promising solution to mitigate the environmental impacts associated with traditional composites [3]. These materials are designed to reduce waste, minimize environmental harm, and promote recyclability and reuse [4]. This endeavour aims to provide a comprehensive overview of sustainable composite materials and waste reduction strategies in manufacturing. The work will explore the current state of knowledge on sustainable composite

© 2024 Author(s). This article is published under the CC-BY license at https://jpr.vyomhansjournals.com.

materials, including biodegradable and recyclable options, and examine various waste reduction strategies, such as design for recyclability, material selection, and end-of-life management. The work will also discuss the benefits, limitations, and future research directions of these strategies, providing valuable insights for manufacturers, policymakers, and researchers seeking to minimize waste and promote sustainable manufacturing practices.

1.1. Importance of sustainable manufacturing

Traditional composite materials have profound environmental implications throughout their lifecycle. The extraction of raw materials depletes non-renewable resources, consumes energy, and emits greenhouse gases. During manufacturing, energy-intensive processes release volatile organic compounds (VOCs) and hazardous air pollutants (HAPs), generating waste materials and by-products. In the use phase, composite materials contribute to microplastic pollution, potentially leach chemicals into water and soil, and have durability issues leading to frequent replacements. At the end-of-life, non-biodegradable materials accumulate in landfills, pose difficulties in recycling and reuse, and release toxic chemicals through incineration or landfilling [10, 11, 12]. Specifically, carbon fiber reinforced polymers (CFRP) and glass fiber reinforced polymers (GFRP) have significant environmental concerns, including energy consumption, waste generation, and carbon emissions [13]. The production and transportation of these materials contribute to climate change, resource depletion, water pollution, and soil contamination. In addition, exposure to VOCs and HAPs during manufacturing and use poses health risks, while microplastic pollution and chemical leaching threaten human well-being. The aspect to mitigate these environmental impacts, the development and adoption of sustainable composite materials and waste reduction strategies are crucial. By transitioning to eco-friendly alternatives and implementing responsible manufacturing practices, industries can minimize harm and promote a more sustainable future.

1.2. Waste reduction strategies using sustainable composite materials

The development of sustainable composite materials and waste reduction strategies has become crucial in mitigating the environmental impacts associated with traditional composite materials. Design-based strategies, such as design for recyclability, design for disassembly, and material optimization, enable the minimization of waste generation [14]. Additionally, material-based strategies like biodegradable composites, recyclable composites, and natural fiber composites offer eco-friendly alternatives. Manufacturing-based strategies, including additive manufacturing, resin transfer molding, and closed-loop manufacturing, also reduce waste generation. End-of-life strategies, such as recycling, upcycling, and energy recovery, further minimize waste accumulation [15]. The adoption of these strategies yields numerous benefits, including reduced waste generation, conservation of resources, decreased environmental impact, and cost savings. Apart from it, challenges persist, including higher production costs, limited availability of sustainable materials, and technical difficulties in recycling and reuse.

1.3. Manufacturing industry focus

The manufacturing industry's focus on sustainable composite fabrication and waste reduction revolves around several key principles and strategies. Central to these efforts is the circular economy model, which aims to reduce waste by keeping materials in closed loops—reusing, refurbishing, and recycling resources instead of following the traditional "take-make-dispose" approach. In composite fabrication, biocomposites and bio-based resins are increasingly popular, utilizing renewable natural resources like plant fibers as eco-friendly alternatives to traditional petroleum-based materials [10, 11, 12, 13]. Natural fiber composites (NFCs), for example, incorporate renewable fibers like hemp or flax, reducing reliance on fossil fuels and often lowering overall carbon emissions. Manufacturers are also emphasizing end-of-life (EoL) management and closed-loop recycling, designing products with

© 2024 Author(s). This article is published under the CC-BY license at https://jpr.vyomhansjournals.com.

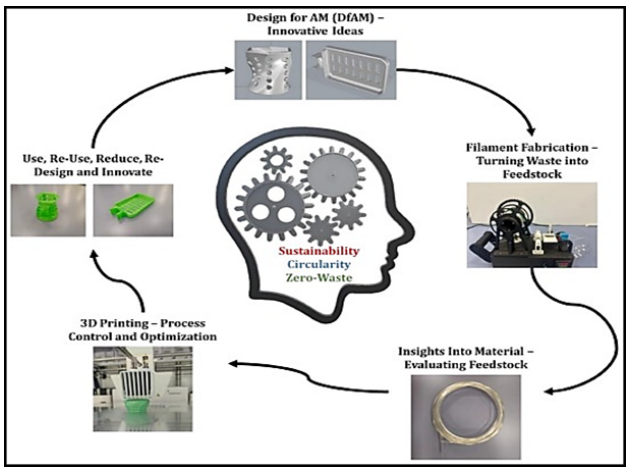


Figure 1: Sustainability, Circularity, Zero waste

their eventual disposal and recycling in mind. Reinforcement fiber recovery processes, for instance, allow fibers like glass or carbon to be reclaimed from used composites, reducing the need for virgin materials. The concept of waste valorization takes this further, converting manufacturing waste into useful products or energy, minimizing landfill contributions, and creating additional value. To enhance sustainability throughout the product lifecycle, manufacturers employ life cycle assessment (LCA) to evaluate environmental impacts from material sourcing through disposal. Additive manufacturing (3D printing) is another sustainable practice, as it builds parts layer by layer only where material is needed, minimizing waste from subtractive processes [2, 8]. Coupled with eco-design principles, products are crafted with consideration for their entire lifecycle, making them easier to recycle or dispose of responsibly. The focus on light weighting also plays a role in sustainability, especially in sectors like automotive and aerospace, where reducing material weight can lead to more energy-efficient transportation. Finally, sustainable supply chain management ensures that every stage of production, from sourcing to manufacturing, adheres to eco-friendly practices [16, 17]. Through these efforts, the manufacturing industry is driving a more sustainable future, balancing efficiency with environmental responsibility.

2. Methodology

2.1. Mechanical Properties

2.1.1. Stress-Strain Relationship

$$\sigma = E \times \varepsilon \tag{1}$$

where σ = stress, E = modulus of elasticity, ε = strain.

2.1.2. Fiber-Matrix Composite Strength

$$\sigma_c = V_f \times \sigma_f + V_m \times \sigma_m \tag{2}$$

where σ_c = composite strength, V_f = fiber volume fraction, σ_f = fiber strength, V_m = matrix volume fraction, σ_m = matrix strength.

2.1.3. Composite Modulus

$$E_c = V_f \times E_f + V_m \times E_m \tag{3}$$

where E_c = composite modulus, E_f = fiber modulus, E_m = matrix modulus.

2.2. Environmental Impact

2.2.1. Carbon Footprint Reduction

$$CFR = \frac{MCF \times ER}{MP \times EP} \tag{4}$$

where CFR = carbon footprint reduction, MCF = material carbon footprint, ER = energy recovery, MP = material production, EP = energy production.

2.2.2. Energy Savings

$$E_S = \frac{E_i \times E_R}{E_o \times E_P} \tag{5}$$

where E_S = energy savings, E_i = input energy, E_R = energy recovery, E_o = output energy, E_P = energy production.

2.3. Manufacturing Processes

2.3.1. 3D Printing

$$M = \frac{\rho \times V}{t \times E} \tag{6}$$

where M = material usage, ρ = material density, V = printed volume, t = printing time, E = energy consumption.

2.3.2. Resin Transfer Molding (RTM)

[11]

$$P = \frac{V \times \Delta P}{t \times \eta} \tag{7}$$

where P = pressure, V = mold volume, ΔP = pressure difference, t = molding time, η = efficiency.

2.4. Economic Benefits

2.4.1. Cost Savings

$$CS = \frac{M \times \Delta C}{V \times P} \tag{8}$$

where CS = cost savings, M = material usage, ΔC = cost difference, V = production volume, P = production cost.

© 2024 Author(s). This article is published under the CC-BY license at https://jpr.vyomhansjournals.com.

2.4.2. Return on Investment (ROI)

$$ROI = \frac{NPV \times r}{I \times t} \quad (9)$$

where ROI = return on investment, NPV = net present value, r = interest rate, I = investment, t = time period.

3. Overview an Discussion of Sustainable Composite Materials

Sustainable composite materials have garnered significant attention in recent years due to growing environmental concerns. Biodegradable composites, made from biopolymers such as polylactic acid (PLA) and polyhydroxyalkanoates (PHA), offer a promising solution. Natural fiber-reinforced biodegradable composites, incorporating materials like hemp and flax, have also shown potential. Additionally, biodegradable hybrid composites combining biopolymers with natural fibers have been explored. Recyclable composites, including thermoplastic composites made from polypropylene and polyethylene, provide another eco-friendly option [5]. Recyclable carbon fiber-reinforced composites and advanced recycling technologies for composite materials have also been developed. Plant-based composites, utilizing cellulose, lignin, and other plant-derived materials, offer a renewable alternative [18]. Additional innovations include self-healing composites, shape-memory composites, and nanocomposites incorporating sustainable materials. Despite progress, challenges persist, such as enhancing mechanical properties and durability, scaling up production, and establishing standardization and certification protocols [6]. Addressing these challenges will be crucial for widespread adoption of sustainable composite materials. The crucial observations have contributed to the advancement of sustainable composite materials. These developments underscore the importance of continued research and development in this field to mitigate environmental impacts and promote sustainable practices.

3.1. Benefits and Limitations of Sustainable Composite Materials

Sustainable composite materials offer numerous benefits, including reduced environmental impact, improved recyclability, and enhanced durability. These materials, derived from natural fibers, biopolymers, and recycled plastics, minimize reliance on non-renewable resources and decrease greenhouse gas emissions [6, 8]. Sustainable composites also exhibit superior mechanical properties, such as strength, stiffness, and resistance to corrosion and fatigue. Additionally, they provide opportunities for waste reduction, energy efficiency, and closed-loop production. In addition, sustainable composite materials also have limitations. High production costs, limited availability of raw materials, and variability in mechanical properties hinder widespread adoption. Still, processing, manufacturing complexities, lack of standardization, and limited recycling infrastructure pose significant challenges. Moreover, biodegradable composites may experience reduced shelf life and compromised performance in certain environments.

4. Conclusion

Sustainable composite materials offer numerous environmental and economic benefits;

i) Minimize environmental impact through reduced reliance on non-renewable resources

ii) Enhance mechanical properties, such as strength and stiffness

iii) Support waste reduction and energy efficiency

iv) Provide opportunities for closed-loop production

Inferences for manufacturing industry Manufacturers must adapt and innovate to remain competitive, reduce environmental impact, and capitalize on emerging opportunities. The manufacturing industry will continue to evolve towards sustainability, driven by:

i) Regulatory pressures.

ii) Consumer demand.

iii) Technological advancements.

iv) Economic benefits.

v) Global competition

© 2024 Author(s). This article is published under the CC-BY license at https://jpr.vyomhansjournals.com.

Table 1: Waste Reduction Strategies

Category	Strategies	Benefits
	Design-Based	
1	Design for recyclability/reusability	Enhance recyclability
2	Minimize material usage	Reduce waste, conserve resources
3	Standardize components	Simplify production, reduce waste
4	Modular design	Facilitate disassembly, reuse
	Material-Based	
1	Use recyclable materials	Conserve resources, reduce landfill
2	Biodegradable materials	Reduce environmental impact
3	Sustainable sourcing	Promote eco-friendly supply chain
4	Material reuse/recycling	Reduce waste, conserve resources
	Manufacturing-Based	
1	Additive manufacturing (3D printing)	Minimize waste, optimize production
2	Resin transfer molding (RTM)	Reduce waste, improve efficiency
3	Closed-mold processes	Minimize waste, improve quality
4	Lean manufacturing	Eliminate waste, optimize production
	Operational	
1	Waste audits/assessments	Identify waste reduction opportunities
2	Waste reduction training	Educate employees on waste reduction
3	Inventory management	Minimize excess materials
4	Supply chain optimization	Reduce transportation waste
	End-of-Life	
1	Take-back/recycling programs	Encourage product recycling
2	Design for disassembly	Facilitate recycling, reuse
3	Energy recovery (pyrolysis/incineration)	Generate energy from waste
4	Landfill diversion	Reduce landfill waste
	Circular Economy	
1	Product-as-a-service models	Promote sharing, reuse
2	Closed-loop production	Design for recyclability, reuse
3	Collaborative consumption	Encourage sharing, reduce ownership
4	Sharing economy	Promote resource sharing
	Additional	
1	Reduce packaging	Minimize waste, conserve resources
2	Implement recycling programs	Encourage recycling, reduce landfill
3	Composting	Convert organic waste to nutrient-rich soil
4	Donate/repurpose excess materials	Reduce waste, support community
5	Waste-to-energy conversion	Generate energy from waste

© 2024 Author(s). This article is published under the CC-BY license at https://jpr.vyomhansjournals.com.

Table 2: Waste Reduction Strategies

Strategy	Benefits	Challenges	Cost Savings	Environmental Impact
Design for Recyclability	Enhance recyclability, reduce waste	Higher design costs	Medium	High
Material Reuse/ Recycling	Conserve resources, reduce	Logistics challenges	High	High
Additive Manufacturing	Minimize waste, optimize production	High equipment costs	Medium	Medium
Lean Manufacturing	Eliminate waste, optimize production	Cultural changes required	High	Medium
Waste-to-Energy Conversion	Generate energy from waste	High initial costs, emissions concerns	Medium	High
Closed-Loop Production	Design for recyclability, reuse	Higher production costs	Medium	High
Supply Chain Optimization	Reduce transportation waste	Complex implementation	High	Medium
Recycling Programs	Encourage recycling, reduce landfill	Public education required	Medium	High
Composting	Convert organic waste to nutrient-rich soil	Odor concerns, logistics	Low	High
Product as a Service	Promote sharing, reuse	Business model changes	High	High

Future research directions Despite these limitations, ongoing research and development aim to overcome these challenges, improve performance, and reduce costs. Emerging technologies, such as nanotechnology and 3D printing, are enhancing sustainable composite materials' potential. As demand grows, economies of scale will improve, making sustainable composites increasingly viable alternatives to traditional materials.

Authorship contribution: The sole author is accountable for the accuracy, originality, and integrity of the work.

Funding: No funding by any agency.

Conflict of interest: Author has no conflict of interest with anyone.

Declaration: It is an original data and has not been sent or published anywhere.

Similarity Index: The authors hereby confirm that there is no similarity index in abstract and conclusion while overall is less than 10% where individual source contribution is 2% or less than it.

References

[1] Vincenzo, L., Manuela, G., Luca S., Luca I. (2023). Sustainability in the manufacturing of composite materials: A literature review and directions for future research. *Journal of Manufacturing Processes*, *85*,858-874. ISSN 1526-6125, https://doi.org/10.1016/j.jmapro.2022.12.020.

[2] Paolo, C. P., Giuseppe I. (2017). Towards criteria for sustainable process selection: On the modelling of pure subtractive versus additive/subtractive integrated manufacturing approaches. *Journal of Cleaner Production*, *144*, 57-68, ISSN 0959-6526, https://doi.org/10.1016/j.jclepro.2016.12.165.

[3] Duflou, J. R., Sutherland, J. W., Dornfeld, D., Herrmann, C., Jeswiet, J., Kara, S., Hauschild, M., & Kellens, K. (2012). Towards energy and resource efficient manufacturing: A processes and systems approach. *CIRP Annals*, *61*(2), 587-609. https://doi.org/10.1016/j.cirp.2012.05.002

[4] Tolio, T., Bernard, A., Colledani, M., Kara, S., Seliger, G., Duflou, J., Battaia, O., & Takata, S. (2017). Design, management and control of demanufacturing and remanufacturing systems. *CIRP Annals*, *66*(2), 585-609. https://doi.org/10.1016/j.cirp.2017.05.001

[5] Naqvi, S. R., Prabhakara, H. M., Bramer, E. A., Dierkes, W., Akkerman, R., & Brem, G. (2018). A critical review on recycling of end-of-life carbon fibre/glass fibre reinforced composites waste using pyrolysis towards a circular economy. *Resources, Conservation*

© 2024 Author(s). This article is published under the CC-BY license at https://jpr.vyomhansjournals.com.

and Recycling, *136*, 118-129. https://doi.org/10.1016/j.resconrec.2018.04.013

[6] Herrmann, C., Dewulf, W., Hauschild, M., Kaluza, A., Kara, S., & Skerlos, S. (2018). Life cycle engineering of lightweight structures. *CIRP Annals*, *67*(2), 651-672. https://doi.org/10.1016/j.cirp.2018.05.008

[7] Nassar, M. M., Alzebdeh, K. I., Pervez, T., Al-Hinai, N., & Munam, A. (2021). Progress and challenges in sustainability, compatibility, and production of eco-composites: A state-of-art review. *Journal of Applied Polymer Science*, *138*(43), 51284.

[8] Andrew, J. J., & Dhakal, H. N. (2022). Sustainable biobased composites for advanced applications: recent trends and future opportunities–A critical review. *Composites Part C: Open Access*, *7*, 100220.

[9] Shuaib, N. A., & Mativenga, P. T. (2017). Carbon footprint analysis of fibre reinforced composite recycling processes. *Procedia Manufacturing*, *7*, 183-190.

[10] AL-Oqla, F. M., Hayajneh, M. T.,& Nawafleh, N. (2023). Advanced synthetic and biobased composite materials in sustainable applications: A comprehensive review. *Emergent Materials*, *6*(3), 809-826.

[11] Lunetto, V., Galati, M., Settineri, L., & Iuliano, L. (2023). Sustainability in the manufacturing of composite materials: A literature review and directions for future research. *Journal of Manufacturing Processes*, *85*, 858-874.

[12] Ayre, D. (2018). Technology advancing polymers and polymer composites towards sustainability: A review. *Current Opinion in Green and Sustainable Chemistry*, *13*, 108-112.

[13] Kang, H. S., Lee, J. Y., Choi, S., et al. (2016). Smart manufacturing: Past research, present findings, and future directions. *International Journal of Precision Engineering and Manufacturing-Green Technology*, *3*, 111-128. https://doi.org/10.1007/s40684-016-0015-5

[14] Khalid, M. Y., Ariff, Z. U., Ahmed, W., & Arshad, H. (2022). Recent trends in recycling and reusing techniques of different plastic polymers and their composite materials. *Sustainable Materials and Technologies*, *31*, 382.

[15] Qiao, Y., Pallaka, M. R., Fring, L. D., & Simmons, K. L. (2023). A review of the fabrication methods and mechanical behavior of thermoplastic polymer fiber—Thermoplastic polymer matrix composites. *Polymer Composites*, *44*, 694-733.

[16] Walczyk, D., & Kuppers, J. (2012). Thermal press curing of advanced thermoset composite laminate parts. *Composites Part A: Applied Science and Manufacturing*, *43*(4), 635-646. https://doi.org/10.1016/j.compositesa.2011.12.008

[17] Song, Y. S., Youn, J. R., & Gutowski, T. G. (2009). Life cycle energy analysis of fiber-reinforced composites. *Composites Part A: Applied Science and Manufacturing*, *40*(8), 1257-1265. https://doi.org/10.1016/j.compositesa.2009.05.020

[18] Ishikawa, T., Amaoka, K., Masubuchi, Y., Yamamoto, T., Yamanaka, A., Arai, M., & Takahashi, J. (2018). Overview of automotive structural composites technology developments in Japan. *Composites Science and Technology*, *155*, 221-246. https://doi.org/10.1016/j.compscitech.2017.09.015

© 2024 Author(s). This article is published under the CC-BY license at https://jpr.vyomhansjournals.com.

Copyright and License

[© 2024 **Satya Ranjan Patnaik**] This is an Open Access article published in "Graduate Journal of Interdisciplinary Research, Reports & Reviews" (Grad.J.InteR^3), a **Diamond Open Access Journal** by Vyom Hans Publications. It is published with a Creative Commons Attribution - CC-BY4.0 International License. This license permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

How to Cite?

Satya Ranjan Patnaik (2024). Sustainable Composite Materials: A Review of Waste Reduction Strategies In Manufacturing. *Graduate Journal of Interdisciplinary Research, Reports and Reviews*, 2(03), 142-149. Retrieved from https://jpr.vyomhansjournals.com/index.php/gjir/article/view/44

© 2024 Author(s). This article is published under the CC-BY license at https://jpr.vyomhansjournals.com.